

Recommended Gear List – Vehicle Access Camping

***Please see the Project Fact Sheet(s) to determine what cooking equipment & food you need to bring and if water sources are available.**

Essentials:

- Tent w/ rain fly
- Ground cloth/foot print
- Sleeping pad
- Sleeping bag
- Sturdy hiking or work boots
- Heavy work gloves
- Hiking socks
- Lightweight Thermal (or silk) underwear-top & bottom
- Lightweight Short-sleeve shirt (quick drying)
- Lightweight Long-sleeve shirt (quick drying)
- Lightweight pants (quick drying)
- Wind/waterproof jacket
- Wind/waterproof pants
- Warm gloves
- Bandana
- Fleece or wool hat
- Brimmed hat
- Fleece jacket/vest
- Camp shoes
- 3-4 Quarts of water per day
- Daypack
- Personal First-Aid Kit
- Sunscreen & lip balm
- Protective eyewear/sunglasses
- Insect repellent
- Swiss Army knife or multi-tool
- Flashlight/headlamp & extra batteries
- Trowel/Toilet paper & Ziploc bags
- Large garbage bags
- Trail map & compass
- Cooking utensils & eating items-plate, cup, spork
- Water filter*
- Water bottle(s)
- Waterproof matches/lighter
- Personal medication
- Plastic whistle
- Duct tape
- Stove and fuel, cooler, cook set*

Optional Items:

- Camp chair
- Camera & film
- Binoculars
- Gaiters
- Parachute cord
- Hiking staff or trekking poles
- Journal
- Reading book
- Small towel

IMPORTANT!

- ***Do not bring cotton clothing it does not insulate & stays wet from perspiration and precipitation.***
- ***Please bring gear that is waterproof & breathable (ie. Gortex)***
- ***Please do not wear shorts at the worksite***

Notes:



TOLL FREE VOLUNTEER HOTLINE: 1-888-909-CDTA